



# Cranberry Sauce Recipe to Make With Your Kids!



Cooking with your kids is so special and important. Start by letting your kids do the measuring and finding of all the ingredients! I think you'll find that your child enjoys cooking much more than you thought!

### Ingredients:

- 1 Cup of Sugar
- 1 Cup of Water
- 4 Cups of fresh cranberries
- Optional Pecans, Orange Zest

### Steps:

- ❖ Rinse Cranberries in colander. Put the water and sugar in a medium saucepan on high heat and bring to a boil. Stir to dissolve the sugar.
- ❖ Add cranberries to the pot and return to a boil. Lower heat and simmer for 10 minutes
- ❖ Once the cranberries have burst you can leave the cranberry sauce as is, or dress it up with other ingredients!
- ❖ Enjoy!!!!!!

Providing Speech-Language Pathology Services to Adults and Children Since 1985

## Holiday Break Activity List

If you find your family stuck indoors during the holiday break, try checking out some of these places around the city!



**VERTEX**  
Climbing · Training · Community

Indoor rock climbing gym!

Great for releasing energy and group fun!

**Address:** 3358 A Coffey Lane  
Santa Rosa, CA 95403

**Phone:** 707-537-1608

**Mon - Fri:** 8:00 am - 10:00 pm

**Sat - Sun:** 10:00 am - 6:00 pm



The inflatable party place!

Pump It Up is not only for parties but join them during their open jump times

**Address:** 3360 A Coffey Lane  
Santa Rosa, CA 95403

**Phone:** 707-545-3140

**Mon - Fri:** 10:00 am - 11:30 am  
and 3:30 pm-5:00 pm

**Sat:** 9:00 am - 10:00 am



Snoopy's Ice Arena!

Grab yourself some hot chocolate before hopping on the ice at Snoopy's Ice Arena in Santa Rosa!

**Address:** 1667 West Steele Lane  
Santa Rosa, California 95403

**Arena:** 707-546-7147 9 am - 9 pm

**Gift Shop:**

707-546-3385 10 am-6 pm

**Warm Puppy Cafe:**

707-546-7147 (ext. 203)

Visit: [www.snoopyshomeice.com](http://www.snoopyshomeice.com) for open skate times!

## The Swain Center

Listening, Communicating and Learning



Listening



Communicating



Learning

795 Farmers Lane, Suite 23

Santa Rosa, CA 95405

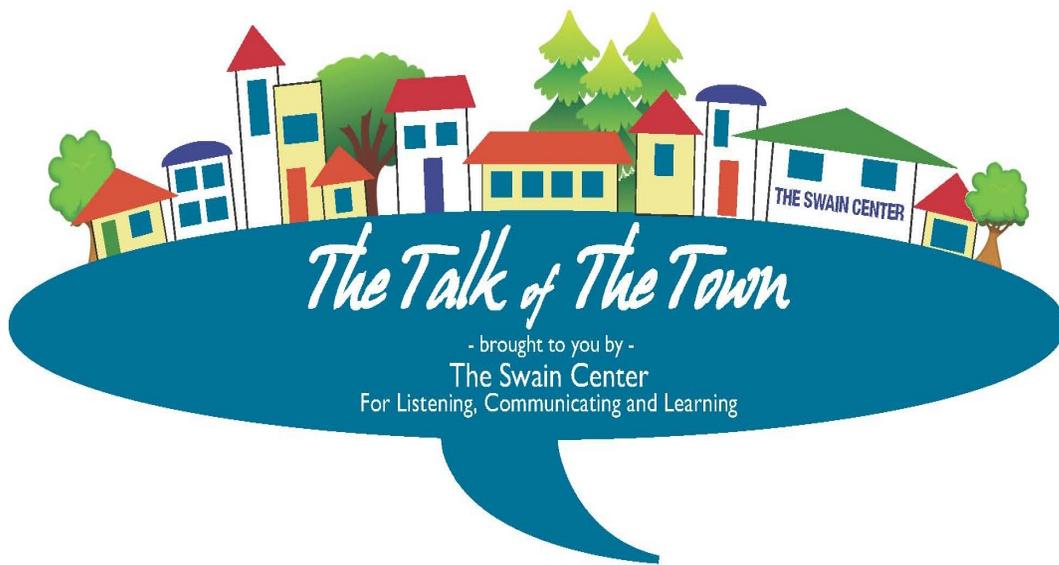
Phone: (707) 575-1468

Fax: (707) 575-0823

[www.TheSwainCenter.com](http://www.TheSwainCenter.com)

Newsletter December 2014





HoHoHo! Happy December! Let the festivities begin! We all know December can be a busy, exciting month. So sit back, relax and let us help! Do you have trouble finding gifts for your kids that are educational yet fun? What about selecting a Christmas movie or book to enjoy with the whole family? Maybe our recommendations can help you.

## Educational Christmas Gifts For Your Children

### Questions to Ask Yourself Before Purchasing

Christmas can be expensive and timely. If you're planning on spending loads of money on toys for Christmas try asking yourself these questions before you splurge.

- 🌿 Will this toy stimulate creativity and learning?
- 🌿 Will this toy encourage language use and interaction?
- 🌿 Will this toy challenge my child to develop social skills and face to face time with others?
- 🌿 Will this toy keep my child interested even after a few uses?
- 🌿 Is this toy age appropriate for my child?

### The Swain Center's Toy Recommendations



Lego kits are great for many reasons. They help develop fine motor skills and encourage creative play. They also help with problem solving and following instructions.

Try this Lego architecture kit! It can be found at [walmart.com](http://walmart.com) for \$29.99



Deluxe Marble Runs are great for encouraging fine motor skills, problem solving and verbal interactions. "Ready, set, go!"

This marble run can be ordered from [www.discountschoolsupply.com](http://www.discountschoolsupply.com) for \$35.99



Kinetic Sand is great for sensory play, creativity and fine motor skills. It is a non-messy activity!

You can find this sand on [www.amazon.com](http://www.amazon.com) for \$13.21



Spot it! is a great card game for on the go trips or if you are looking for a simple, fun family game. This card game encourages quick processing speed, hand eye coordination and vocal expression.

You can purchase this game at your nearest Target store or [amazon.com](http://amazon.com)

### Holiday Family Movie Recommendations



*Must see neighborhoods in Sonoma County*

Santa Rosa

Walnut Court  
Christmas Tree Lane

Rohnert Park  
Cielo Circle

### TARPSing®



TARPSing® is a parent education program designed to be used by speech-language pathologists to supplement and enhance Early Intervention

speech-language therapy programs. The program incorporates the four evidence-based components of early childhood development and learning: talking, reading, playing and singing and integrates them into a comprehensive program that provides education and hands-on instruction for parents to learn how to actively promote and enhance their child's communication and learning skill development. This program is offered in a family-centered and naturalistic setting so as to provide a learning environment that is collaborative and user-friendly. The TARPSing® program is an 8-week curriculum that is offered in a family-friendly naturalistic environment. TARPSing® is a multisensory program intended to facilitate language and learning development as a part of early intervention for 2-3 year old children.